Middle School Cross Country Camp

Presented by Clovis High Cross Country

At the Middle School Cross Country Camp, you will become a better, faster and smarter athlete. Students will learn running drills, how to be a good teammate and raise self-confidence. With the opportunity to make new friends. Both Clovis High School and Clark Intermediate coaching staffs will lead the camp. With the help of our high school runners, as well this will provide an opportunity for athletes who run at the middle school level to feel part of a big family!

- Dates: July 5th- July 29th (Mon-Fri) (Location: Clovis Elem Grass Area (Monday-Friday)
- Time: 5:30am-9am
- Cost: $35 Grades: Middle School
- Things to bring and wear
    - Shirt
    - Shorts
    - Running Shoes
    - A water bottle
    - A positive attitude to learn!

Breakdown of cost:

- $15 for camp shirt
- $20 camp entry fee Make checks out to: Clovis High Cross Country

Return to Play 2020/2021 – Risk for all sports

As the parent/guardian of the above-named child and on behalf of myself and my child, agents,heirs, and successors, I acknowledge that I: (1) assume all risks of injury, illness, or death to my child arising out of or resulting from my child's participation in and/or attendance at the above-stated program or activity, such risks to include but are not limited to, injury, illness, or death due to being exposed to or infected by contagious diseases, including COVID-19; (2) waive and release all claims, causes of actions, actions, liabilities, and costs against the Clovis Unified School District (District) and its governing board and members thereof, officers, employees, agents, and volunteers (collectively District Personnel) and hold harmless the District and District Personnel from any claims, causes of actions, actions, liabilities, and costs that may arise out of or result from my child's participation in or attendance at such program or activity; and (3) assume all obligations for any medical, financial, and other costs and/or liabilities that be sustained or incurred by my child, myself, or my agents, heirs, and/or successors. The District assumes no responsibility and shall not be liable for any injury, illness, death, liabilities, damages, or costs that my child, myself, my agents, heirs, and/or successors may sustain or incur arising out of or resulting from the aforementioned program or activity.

For more information please email Coach Eloy Quintana: eloyquintana@cusd.com

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Name:_____ T-Shirt Size: Youth S M L Adult: S M L

Address:_____ City:_____

Phone:_____ School Attending:_____

Parent Permission Signature:_____ Date:_____

*walk up registration is accepted. Please bring signed form when attending the running camp (mandatory)